

# If you have high medical expenses, you could get more help from SNAP.

## SNAP's Medical Deductions can help increase your benefit!

### ***Am I eligible for SNAP's medical deduction?***

If your household includes a senior (60+) or an adult with a disability and has medical expenses averaging more than \$35/month, SNAP's medical deduction could help increase your benefits.

If you are eligible, your SNAP caseworker can deduct many types of medical costs from your income. This may raise your benefit amount.

### ***What medical costs count for SNAP's medical deduction?***

The following expenses can count for SNAP's medical deduction:

- Medical care, including psychotherapy and rehabilitation
- Dental care
- Hospitalization, outpatient treatment, nursing care or nursing home care in a facility approved by the state
- Prescription drugs and medical supplies
- Over the counter medications (if approved by a qualified medical professional)
- Medicare payments and health insurance payments
- Medicare premiums
- Medicaid cost-sharing or spenddown expenses
- Dentures, hearing aids (including batteries), and prosthetics
- Costs for a service animal, including food and veterinary care
- Prescription eyeglasses and contact lenses
- Costs of verified transportation and lodging to receive medical care
- Costs for an attendant, home health aide, childcare provider, or housekeeper necessary for the care of an elderly or disabled household member
- Equipment added to a vehicle or home to accommodate the needs of an elderly or disabled household member.

### ***You can claim medical expenses in SNAP:***

- **When you apply for SNAP**, on your application; or,
- **While you're receiving SNAP**, by contacting your caseworker.

## SNAP Medical Deduction Worksheet

This worksheet can help you estimate your SNAP medical deduction.

If you are applying for SNAP, submit proof of your medical costs with your application. If you have questions about whether a medical cost counts for a deduction, ask your caseworker during your application interview.

If you already receive SNAP and have medical costs that may not have been included in your benefit calculation, submit proof of your costs DCFS. They may be able to adjust your benefits.

### Use this sheet to estimate your SNAP Medical Expense Deduction

<i>Type of Expense</i>	<i>Amount</i>
Medical care, including psychotherapy and rehabilitation	\$ <input style="width: 100px;" type="text"/>
Dental care	\$ <input style="width: 100px;" type="text"/>
Hospitalization, outpatient treatment, nursing care or nursing home care in a facility approved by the state	\$ <input style="width: 100px;" type="text"/>
Prescription drugs and medical supplies	\$ <input style="width: 100px;" type="text"/>
Over the counter medications <i>(if approved by a qualified medical professional)</i>	\$ <input style="width: 100px;" type="text"/>
Medicare payments and health insurance payments	\$ <input style="width: 100px;" type="text"/>
Medicare premiums	\$ <input style="width: 100px;" type="text"/>
Medicaid cost-sharing or spenddown expenses	\$ <input style="width: 100px;" type="text"/>
Dentures, hearing aids (including batteries), and prosthetics	\$ <input style="width: 100px;" type="text"/>
Costs for a service animal, including food and veterinary care	\$ <input style="width: 100px;" type="text"/>
Prescription eyeglasses and contact lenses	\$ <input style="width: 100px;" type="text"/>
Costs of verified transportation and lodging to receive medical care <i>If you use your car (owned or lease) to get to medical appointments, multiply the distance you drive for medical care or medications each month (round trip) by \$0.56.</i>	\$ <input style="width: 100px;" type="text"/>
Costs for an attendant, home health aide, childcare provider, or housekeeper necessary for the care of an elderly or disabled household member	\$ <input style="width: 100px;" type="text"/>
Equipment added to a vehicle or home to accommodate the needs of an elderly or disabled household member	\$ <input style="width: 100px;" type="text"/>
<b>Subtotal</b> (add together all lines above)	\$ <input style="width: 100px;" type="text"/>
Subtract \$35	\$ <input style="width: 100px;" type="text"/> - 35
<b>TOTAL estimated medical deduction:</b>	\$ <input style="width: 100px;" type="text"/>